No Smoking No Vaping Pledge

l,	, promise to not smoke or use any tobac	cco products now and forever.
Furthermore, I will try it poses.	to distance myself from secondhand smoke, recog	nizing the potential health risks
•	ncourage people who smoke or use tobacco productions luring their quitting journey.	ts to quit and I will provide then
Signed,		
Signature	国際のMake 国 で選択し続いた (AMA MAKe) Sign	
Date		